



FUEL YOUR DAY

PROTEIN SMOOTHIES Made with NutriBio

CHOCOLATE PEANUT

(banana, peanut butter, chocolate protein)
12 oz – 280 cal, 10g fat, 20g carbs, 30g protein
24 oz – 495 cal, 19g fat, 39g carbs, 47g protein

“AC” SPECIAL

(peanut butter, blueberries, vanilla protein)
12 oz – 381 cal, 18g fat, 29g carbs, 32g protein
24 oz – 497 cal, 19g fat, 33g carbs, 45g protein

“POPEYE”

(banana, blueberries, peanut butter, spinach, chocolate almond milk, chocolate protein)
12 oz – 335 cal, 12g fat, 29g carbs, 30g protein
24 oz – 603 cal, 22g fat, 56g carbs, 48g protein

“T-ROY”

(banana, peanut butter, strawberries, blueberries, vanilla protein)
12 oz – 335 cal, 10g fat, 35g carbs, 31g protein
24 oz – 595 cal, 19g fat, 57g carbs, 49g protein

STRAWBERRIES & CREAM

(almond milk, strawberries, vanilla protein)
12 oz – 220 cal, 5.5g fat, 15g carbs, 28g protein
24 oz – 330 cal, 8g fat, 22.5g carbs, 42.5g protein

DREAMSICLE

(banana, orange juice, vanilla almond milk, vanilla protein)
12 oz – 273 cal, 5.5g fat, 31g carbs, 27g protein
24 oz – 546 cal, 11g fat, 62g carbs, 54g protein

CHOCOLATE THUNDER

(banana, chocolate almond milk, chocolate protein)
12 oz – 230 cal, 3.5g fat, 26g carbs, 26.5g protein
24 oz – 460 cal, 7g fat, 53g carbs, 53g protein

CAPTAIN CRUNCH

(banana, peanut butter, strawberries, vanilla protein)
12 oz – 280 cal, 10g fat, 32g carbs, 33g protein
24 oz – 470 cal, 19g fat, 57g carbs, 50g protein

BRONCO FUEL

(banana, strawberries, blueberries, vanilla protein)
12 oz – 256 cal, 2g fat, 35g carbs, 27g protein
24 oz – 346 cal, 3g fat, 42g carbs, 41g protein

THE FIREFIGHTER

(banana, peanut butter, vanilla protein)
12 oz – 280 cal, 10g fat, 20g carbs, 30g protein
24 oz – 495 cal, 19g fat, 39g carbs, 47g protein

BLUE DEMON

(banana, peanut butter, blueberries, vanilla protein)
12 oz – 331 cal, 10g fat, 32g carbs, 30g protein
24 oz – 496 cal, 19g fat, 36g carbs, 46g protein

TORNADO

(peanut butter, strawberries, chocolate protein)
12 oz – 280 cal, 10g fat, 17g carbs, 31g protein
24 oz – 405 cal, 18g fat, 26g carbs, 48g protein

FRUIT SMOOTHIES

MANGO CHILL

(greek yogurt, almond milk, mango, pineapple)
12 oz – 218 cal, 2g fat, 43g carbs, 10.5g protein
24 oz – 436 cal, 3.5g fat, 87g carbs, 21g protein

CHOCOLATE “PEA”NUT BUTTER CUP**

(chocolate almond milk, peanut butter, pea protein)
12 oz – 250 cal, 11.5g fat, 22.5g carbs, 16g protein
24 oz – 500 cal, 23g fat, 36g carbs, 31g protein

NUTTY CHOCOLATE**

(chocolate almond milk, peanut butter, banana)
12 oz – 250 cal, 11.5g fat, 22.5g carbs, 6g protein
24 oz – 700 cal, 22g fat, 74g carbs, 11g protein

CHOC COVERED STRAWBERRY**

(chocolate almond milk, strawberries, peanut butter)
12 oz – 225 cal, 11g fat, 28g carbs, 6g protein
24 oz – 450 cal, 22g fat, 56g carbs, 11g protein

CHOCOLATE JAVA CHILLER**

(cold brew coffee, almond milk, banana, peanut butter, pea protein)
12 oz – 260 cal, 10g fat, 29.5g carbs, 16.5g protein

GREEN SMOOTHIES

BERRY BLASTOFF**

(vanilla almond milk, strawberries, blueberries, spinach)
12 oz – 183 cal, 3g fat, 38g carbs, 3g protein

BERRY DELIGHT**

(almond milk, spinach, strawberries, blueberries, pea pro)
12 oz – 161 cal, 1g fat, 30g carbs, 13g protein

TROPICAL REFRESHER**

(coconut water, spinach, banana, pineapple)
12 oz – 136 cal, 0g fat, 38g carbs, 2g protein

NATURE’S GATORADE**

(coconut water, spinach, mango, pineapple)
12 oz – 156 cal, 0g fat, 43g carbs, 3g protein

KID’S SMOOTHIES

PB&J**

(almond milk, banana, strawberries, peanut butter)
12 oz – 225 cal, 9.5g fat, 33.5g carbs, 6.5g protein

THE HULK**

(coconut water, spinach, banana, pineapple, pea protein)
12 oz – 161 cal, .5g fat, 38g carbs, 8g protein

PINEAPPLE STRAWBERRY**

(almond milk, pineapple strawberries)
12 oz – 151 cal, 1.5g fat, 36g carbs, 2.5g protein



EXTRAS (additional charge applies)

Vanilla extract
Pea protein
Vanilla protein
Chocolate protein
Chocolate almond milk
Vanilla almond milk
Unsweet almond milk

Cold brew coffee
Greek yogurt
Orange juice
Pineapple juice
Spinach
Fruit
Peanut butter

**designates non-dairy